

Support Confident Skin

CultureScience
Clinically Tested



Acne is one of the most common skin concerns, affecting up to 85% of people at some point in life. While often linked to adolescence, it can persist into adulthood, impacting confidence, emotional well-being, and quality of life. Beyond its visible symptoms, acne is a complex condition influenced by multiple factors, including hormonal balance, inflammation, and the skin microbiota. Recent research highlights the gut–skin axis, a powerful connection between intestinal health and skin appearance. When the gut microbiota is out of balance, it can trigger systemic inflammation and hormonal changes that contribute to acne flare-ups.

Traditional treatments often rely on antibiotics or topical solutions, which may have limitations and side effects, making consumers increasingly interested in natural, science-backed alternatives.

SP 1 offers a natural, clinically tested solution. SP 1 has been shown to significantly improve acne severity by restoring gut balance and supporting healthy skin from within. Its unique mechanism helps normalize key pathways involved in skin health, promoting clearer, healthier skin and renewed confidence.



Visible, Clinically Proven Results

In a human clinical study, 80% of participants saw meaningful improvement in acne severity. SP 1 delivers results you can see, helping restore confidence and skin comfort.



Natural Skin Support

A safe, oral probiotic that complements your daily skincare routine. SP 1 offers a gentle, science-backed alternative to aggressive solutions, as harsh actives or antibiotics, supporting skin balance naturally and consistently.



Clear Mechanism of Action

SP 1 helps regulate hormonal and inflammatory pathways that drive breakouts. By rebalancing these signals, it reduces factors like excess oil and irritation, promoting a healthier skin environment and long-term clarity.



Working from Within

SP 1 supports clearer skin from the inside out. By acting along the gut–skin axis, it helps rebalance your microbiota so skin feels calmer and is less prone to flare-ups over time.

VEGETARIAN

HYPOALLERGENIC

HALAL

GMO FREE

GLUTEN FREE

KOSHER

How SP 1 modulates the gut-skin axis

SP 1 improves skin health by acting from within, targeting the root causes of acne. This condition is often linked to hormonal imbalances and inflammation, which stimulate excess oil production and clog pores. A key factor is insulin and IGF-1 signaling, which activate oil glands and promote irritation. **SP 1 helps restore balance by reducing IGF-1 levels and normalizing FOXO1 activity**, a protein that regulates oil production and skin cell renewal. This modulation reduces sebum, calms inflammatory signals, and supports healthy skin turnover.

Clinical studies confirm that oral supplementation with SP 1 leads to visible improvements in acne severity by rebalancing these pathways and supporting normal skin equilibrium.

The result: clearer, healthier skin achieved naturally, without relying on harsh topical treatments or antibiotics.

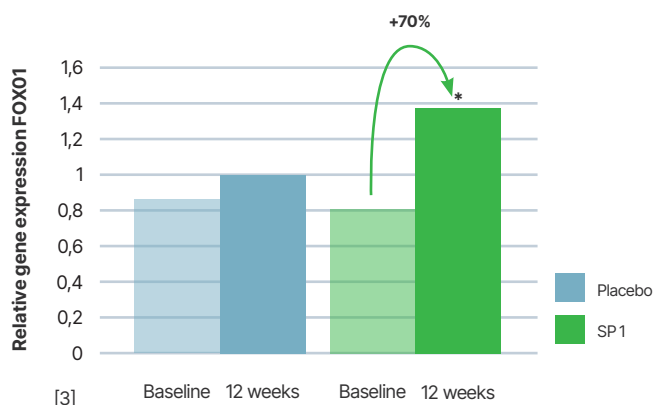
SP 1 clinical evidence

20 adults 3 Bn CFU/DAY 12 weeks Treatment time

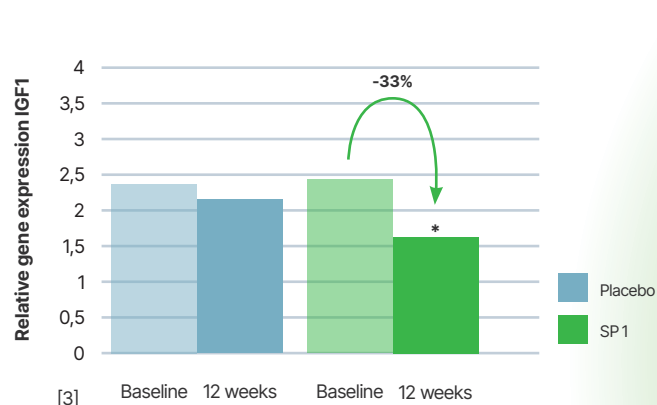
Visible Results: 80% Showed Acne Improvement



Anti-acne FOXO1 expression



Pro-acne IGF1 expression



*statistically significant difference

[1] Das S, et al., Am J Clin Dermatol. 15(6):479-88 (2014) [2] Tan JK and Bhate K, Br J Dermatol. 172 Suppl 1:3-12 (2015) [3] Fabbrocini G, et al., Benef Microbes 7(5):625-630 (2016) [4] Konishi N, et al., Ther Clin Risk Manag. 3(1):205-9 (2007)

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