

Your mood support

CultureScience
Clinically Tested



Modern life is fast-paced and demanding, making mental resilience and focus essential for overall well-being. Occasional stress is a normal part of life, but when managed effectively, it allows us to stay energized, productive, and confident in everyday challenges.

Science increasingly recognizes the gut microbiota as a key player in mental health through the gut-brain axis, a sophisticated communication network that influences mood, stress response, and cognitive performance.

This discovery opens the door to innovative, natural solutions that go beyond traditional approaches, supporting emotional balance and brain function from within.

P8 has been clinically proven to help maintain a positive stress response, support emotional balance, and enhance cognitive functions such as memory and learning, offering a science-backed approach to mental well-being and brain health.



Clinically Proven Mental Wellness

P8 is backed by over 25 scientific publications and robust clinical trials, making it a trusted solution for holistic mental health.



Comprehensive Stress & Emotional Balance

P8 helps alleviate stress-related behaviors such as irritability and agitation, while promoting emotional resilience and calm. Its multi-action approach supports a positive stress response for everyday well-being.



Gut-Brain Axis Innovation

Through anti-inflammatory activity, microbiota modulation, and neuroactive pathway regulation, P8 strengthens gut-brain communication, unlocking benefits for mood stability, mental clarity, and overall cognitive health.



Cognitive Performance & Focus

P8 enhances memory, learning, and attention, supporting mental sharpness and focus. These benefits make it ideal for formulations targeting stress relief and cognitive vitality in modern lifestyles.

VEGETARIAN

HYPOALLERGENIC

HALAL

GMO FREE

GLUTEN FREE

KOSHER

How P8 alleviates stress and anxiety

P8 promotes emotional balance and cognitive performance through a multi-action approach that begins in the gut. Its ability to reduce stress and anxiety and improve memory is linked to an anti-inflammatory effect, lowering key markers such as IFN- γ and TNF- α .

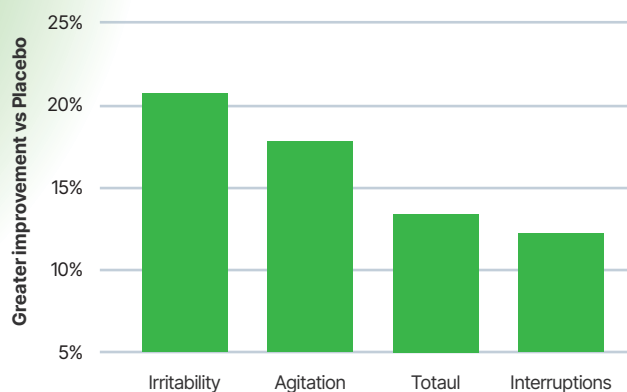
P8 also modulates the gut microbiota, increasing beneficial species like *Bifidobacterium adolescentis*, *Bifidobacterium longum*, and *Faecalibacterium prausnitzii*, all associated with neuroprotection.

In addition, it boosts essential metabolites as vitamin K2 for neuronal membrane integrity, SCFAs for gut-brain signaling, GABA for relaxation, arachidonic acid for synaptic function, sphingomyelin for myelin health, and cholate for metabolic balance. By combining microbiota modulation with neuroactive pathways, P8 offers a natural, science-backed solution to support mood, reduce stress, and enhance memory and learning capacity.

P8 clinical evidence

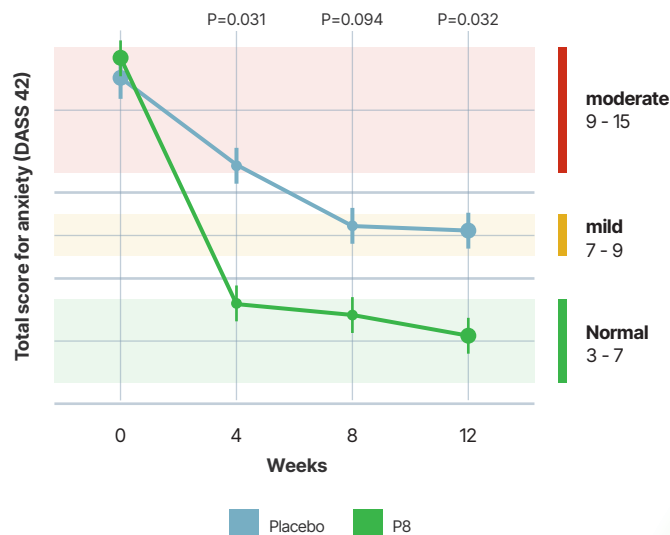
103 adults 20 Bn CFU/DAY 90 days Treatment time

Significantly improved stress management



Less irritability (p=0,06)
 Feeling more relaxed (p = 0.015)
 More emotionally balanced (p = 0.005)
 Better handling of distractions (p=0.010)

Reduction in anxiety



Improved mental functions

All

Social emotional cognition
 Memory
 Verbal learning

♀ Woman

Encoding
 Memory
 Interpretation of social information
 Basic attention

♂ Men

Verbal memory functions
 Mental focus

[1] <https://www.who.int/news-room/fact-sheets/detail/depression> | [2] <https://time.com/5577626/americans-stressed-out-gallup-poll/> | [3] Lyte JM, Front Endocrinol (Lausanne) 29, 9-796 (2019) | [4] Lew LC, et al., Clin Nutr. 38(5), 2053-2064 (2019) | [5] Ma T, et al., Neurobiol Stress 12(14), 14100294 (2021) | [6] Song Y, et al., Front Microbiol 9, 893 (2018)

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